



2026 Winter CME Conference Schedule

What If? Are you Ready?

Subject to change

Wednesday afternoon, February 25

GOLF TOURNAMENT, Preregistration Required

Thursday, February 26

6:45- 7:25 a.m.	Registration Sign-in/Breakfast/Exhibits		
7:25- 7:30 a.m.	Welcome		
7:30- 9:30 a.m.	OMT, 2 credits – Advanced Screening Techniques: The Area of Greatest Restriction Screen	Chris Edwards, DO	
9:30- 9:45 a.m.	<i>Break/Exhibits</i>		
9:45- 11:45 a.m.	OMT, 2 credits – The Fascial Distortion Model	Chris Edwards, DO	
11:45 a.m.- 1:00 p.m.	<i>Lunch/Exhibits</i> – Sponsored by		
1:00- 2:00 p.m.	1 credit – Wound Care Advances and New Modalities	Jayson Malufau, DO	
2:00- 3:00 p.m.	1 credit – Telehealth in Utah: Expanding Access & Enhancing Whole-Person Care	Nicki Perisho, BSN, RN,	
3:00- 3:15 p.m.	<i>Break/Exhibits</i>		
3:15- 4:15 p.m.	1 credit – Considerations in Upper Respiratory Infections	David Dalton, DO	
4:15- 5:15 p.m.	1 credit – Update on Alzheimer's Disease – Prevention, Diagnosis and Treatment	Cathleen Obray, MD	

Friday, February 27

6:45- 7:25 a.m.	Registration Sign-in/Breakfast/Exhibits		
7:25- 7:30 a.m.	Welcome		
7:30- 8:30 a.m.	1 credit – Best Practices for Safe Use of Medical Cannabis	Matthew McIlff, MD	
8:30- 9:30 a.m.	1 credit – Diagnosis and Management of Obstructive Sleep Apnea	Amie Mower, DO and Kendall Mower, DMD	
9:30- 9:45 a.m.	<i>Break/Exhibits</i>		
9:45- 10:45 a.m.	1 credit – DEA Overview on Rules and Regulations	Victoria Bianchi, DEA	
10:45- 11:45 a.m.	1 credit – ADHD, PTSD	John Hendleman, DO	
11:45-12:45 p.m.	<i>Lunch</i> , – Sponsored by <i>Rocky Vista University</i>		
12:45- 1:45 p.m.	1 credit – Ultrasound-Guided Carpal Tunnel and Trigger Finger Release	Craig Chappell, DO	
1:45- 2:45 p.m.	1 credit – Elderly Abuse and other Issues	Rob Ence, Utah Commission on Aging	
2:45- 3:00 p.m.	<i>Break/Exhibits</i>		
3:00- 4:00 p.m.	1 credit – Pain Management Options of Various Pain Syndromes	Matthew Irvin, DO	
4:00- 5:00 p.m.	1 credit – Environmental and Mountain Emergencies	Michael Rhodes, MD	
6:00 p.m.	Student and Physician Social with refreshments, comedy show, and dinner provided. Brookfield Apartments Clubhouse: 770 S 2780 E, St. George, UT 84790		

(Saturday on next page)



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Saturday, February 28			
6:45- 7:25 a.m.	Registration Sign-in, Breakfast/Exhibits		
7:25- 7:30 a.m.	Welcome		
7:30- 8:30 a.m.	1 credit – Neuro-Excitatory Conditioning for Anxiety, Burnout, and Stress Prevention	Dmitri A. Kapitonov, DO	
8:30- 9:30 a.m.	1 credit – Student Research <i>Poster Presentations</i> , <i>Sponsored by</i>	RVU Students & Noorda Students	
9:30- 9:45 a.m.	<i>Break</i>		
9:45- 10:45 a.m.	1 credit – History of Osteopathy	Kevin Duke, DO	
9:45- 10:45 a.m.	No credit – Student/Physician Debate – See topics below** (held in Auditorium 1)		-----
10:45- 11:45 a.m.	1 credit – Ethnicity and Medicine	Carol Penn, DO	
**Debate topics: (No CME is offered for this one-hour session.) <ul style="list-style-type: none"> • Should medical school curricula include mandatory training in structural racism and implicit bias? • Is it ethical to use race-based clinical calculators (e.g., eGFR, pulmonary function tests)? • Is mentorship by shared identity (race, gender, etc.) more effective than traditional academic mentorship? • Should AI tools in medicine be required to undergo bias audits before implementation? 			
Adjourn	<i>Total Credits for the 3-day activity = 20 credits*</i>		

*CME and Accreditation Statements

The Utah Osteopathic Medical Association is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The Utah Osteopathic Medical Association designates this program for a maximum of 20 of AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Osteopathic Association (AOA) and the Utah Osteopathic Medical Association (UOMA). The AOA is accredited by the ACCME to provide continuing medical education for physicians. AOA designates this blended activity for a maximum of 20 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.